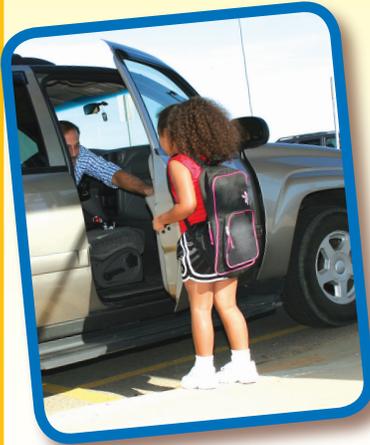


Child Safety Rules

Please follow these guidelines and encourage the schools, day care centers, churches and other organizations in your area to teach these "Rules for Safety."



1 Before I go anywhere, I always check with my parents or the person in charge first. I tell them where I'm going, how I'll get there, who will be going with me and when I'll be back.

2 I get permission from my parents first before getting into a car or leaving with anyone- even someone I know. I ask them before I change my plans and never accept money, gifts or treats without my parent's knowledge.

3 It's safer for me to be with other people when I go places or play outside. I should always use the "buddy system."

4 I say "NO!" if someone tries to touch me in ways that make me feel afraid, uncomfortable or confused. Then I go and tell a grown-up I trust what happened.

5 I know it's not my fault if someone touches me in a way that's not okay. I shouldn't keep those touches a secret.

6 I should talk to grown-ups about problems I think are too big for me to handle on my own. A lot of people care about me and will listen and believe me. I'm not alone.

7 It's never too late to ask for help. I can keep asking until I get the help I need.



I'm a special person, and I deserve to feel safe. My rules are:

- ✓ **Check first.**
- ✓ **Use the "Buddy System."**
- ✓ **Say "NO!", then go and tell.**
- ✓ **Talk with grown-ups I trust about my problems and concerns.**



SERGIO G. DIAZ
CHIEF OF POLICE

To report child abuse, contact the
Riverside County Child Support Services
Child Abuse Hotline at 1-800-442-4918
or dpss.co.riverside.ca.us

"My Rules for Safety" presented courtesy of the National Center for Missing and Exploited Children and the Riverside Police Department.



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