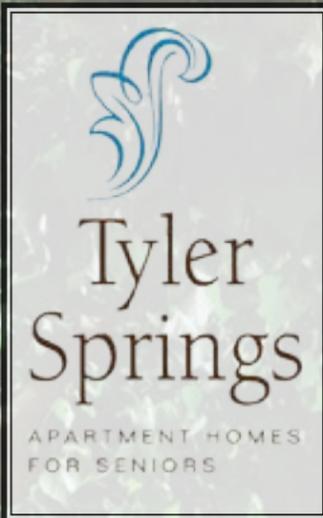


# *The Guide*

**For People 55 and Better**



### Rental Rates

- One Bedroom One Bath UPSTAIRS 528 SQ FT \$875-\$890
- One Bedroom One Bath DOWNSTAIRS 528 SQ FT \$935
- One Bedroom One Bath COTTAGE 528 SQ FT \$975
- Two Bedroom One Bath UPSTAIRS 780 SQ FT \$1055
- Two Bedroom One Bath DOWNSTAIRS 780 SQ FT \$1130

### Interior Amenities

Ceiling Fans | Cable Ready | Kitchen Appliances Include: Range, Disposal, Dishwasher  
 Large Walk- In Closets in All Units | Linen Storage | Large Patio Storage  
 Patios & Balconies with View of Fountains\* | Individually Controlled Heating/Air Conditioning  
 Utilities Paid Include: Water, Trash, Gas & Basic Cable

### Community Amenities

Pet Friendly | Controlled Access Gated Community  
 Planned Social Activities | Gas Barbeque Grills | Fitness Center  
 Two Sparkling Swimming Pools with Two Relaxing Spas | Five Laundry Facilities  
 Clubhouse w/ Full Kitchen, Big Screen Television & Library

### Total Move-in Requirements

Security Deposit with Credit Approval:  
 One Bedroom \$200 | Two Bedroom \$300 | \$35 Gate Remote Deposit  
 Non Refundable Processing Fee for each person over 18 years of age \$25.  
 First month's rent and security deposit due in certified funds at time of move-in.  
 \$250 Pet Deposit per cat (up to two), \$250 for one dog only.

*\*Rates are subject to change. Above rates effective 01/28/2014\**

**877.738.0315**

10406 Indiana Avenue  
 Riverside, CA 92508

[www.ForRent.com/tylersprings](http://www.ForRent.com/tylersprings)



## CONVALESCENT CARE

### Care Connexus: Adult Day Services

#### Center of Riverside

4130 Adams St., Ste. B  
 Riverside, CA 92504  
 951.509.2500

[www.careconnexus.com](http://www.careconnexus.com)

*Adult day health care, adult day care, Alzheimer's day care center, and family/caregiver support services.*

### Heartcare Rehabilitation Center at Riverside Community Hospital

4445 Magnolia Ave.  
 Riverside, CA 92501  
 951.788.3460

[www.rchc.org](http://www.rchc.org)

*Comprehensive cardiac rehabilitation.*

### Chapman Convalescent Hospital

4301 Caroline Ct.  
 Riverside, CA 92506  
 951.680.3700

[www.chapmanhcs.com](http://www.chapmanhcs.com)

*Rehabilitation services and hospice services.*

### Extended Care Hospital

8171 Magnolia Ave.  
 Riverside, CA 92504  
 951.687.3842

[www.extendedcarehospital.com](http://www.extendedcarehospital.com)

*Long-term or short-term convalescent care and rehabilitation center.*

### Arlington Gardens Care Center

3688 Nye Ave.  
 Riverside, CA 92505  
 951.351.2800

[www.arlingtongardenscc.com](http://www.arlingtongardenscc.com)

*Skilled nursing facility providing short-term rehabilitation and skilled nursing care.*

## INSURANCE

### Humana

P.O. Box 14601 (Correspondence Office)  
 Lexington, KY 40512  
 951.348.0854

[www.humana.com](http://www.humana.com)

*Provides affordable options and personalized support that can get you off and running toward a stronger, healthier you.*

## MEDICAL SUPPLIES

### American Medical Supply

6710 Brockton Ave.  
 Riverside, CA 92506  
 951.686.3980

*A store offering insurance billing for medical equipment.*

### Better Life Mobility

7239 Indiana Ave.  
 Riverside, CA 92504  
 951.686.3152

[www.betterlifemobility.com](http://www.betterlifemobility.com)

*Wheelchairs, handicap accessible vans and other equipment for the elderly and disabled.*

### Hear USA

3832 La Sierra Ave.  
 Riverside, CA 92505  
 951.637.3722

[www.hearusa.com](http://www.hearusa.com)

*Evaluations, ear molds and hearing aids.*

### Beltone Hearing Center - Hearing Healthcare

5908 Magnolia Ave.  
 Riverside, CA 92506  
 951.779.1237

[www.beltone.com](http://www.beltone.com)

*Hearing evaluations and hearing aids.*



**IN-HOME CARE****Home Instead Senior Care**

6751 Brockton Ave.  
Riverside, CA 92506  
951.369.7047  
www.homestead.com/282  
*Non-medical companionship, home care and personal care services.*

**LivHOME**

7888 Mission Grove Parkway, Suite 110  
Riverside, CA 92508  
951.359.4434  
www.livhome.com/Riverside  
*Assistance for seniors, post surgery, to stay at home.*

**Visiting Nurse Association of California**

6235 River Crest Dr., Ste. L  
Riverside, CA 92507  
951.413.1200  
www.vnacalifornia.org  
Home Health: 951.413.1270  
Hospice: 951.656.3153  
*Short-term convalescence or long-term home health care.*

**Visiting Nurse Association and Hospice of Southern California**

150 West First Street, Suite 270  
Claremont, CA 91711  
1.800.969.4862  
www.vnasocal.org  
*Home health care and hospice services.*

**Sensible Seniors Home Care**

8478 SVL Box  
Victorville, CA 92395  
951.926.4304  
www.sensibleseiorhomecare.com  
*Non-medical, in-home care.*

**INDEPENDENT LIVING****Cambria at Riverwalk**

4725 Sierra Vista Ave.  
Riverside, CA 92505  
951.687.2464  
www.cambriaatrivewalk.com  
*Senior housing for the active adult lifestyle.*

**Mount Rubidoux Manor**

3993 Tenth St.  
Riverside, CA 92501  
951.684.3154  
www.mountrubidouxmanor.com  
*Affordable apartments for low-income seniors.*

**Victoria Springs Apartments**

2801 Adams St.  
Riverside, CA 92504  
Phone: 951.358.0311  
www.victoriaspringsapartments.com  
*Tailored with the amenities deemed necessary to any lifestyle, this community strives to make your life a little easier, a little more comfortable, and a whole lot more fun.*

**Magnolia Village**

8537 Magnolia Ave.  
Riverside, CA 92504  
951.354.0230  
www.magnoliavillageseniorliving.com  
*Encourages an active and independent senior lifestyle that supports residents' privacy and dignity.*

**Raincross Senior Village**

5234 Central Ave.  
Riverside, CA 92504  
951.359.0100  
www.raincrossseniorapartments.com  
*Comfortable luxury apartment home living in the center of Riverside.*

**Tyler Springs Apartments**

10406 Indiana Avenue  
Riverside, CA 92508  
1.866.554.6968  
www.forrent.com/tylersprings  
*Apartment homes for seniors.*

**ASSISTED LIVING****Pacifica Senior Living**

6280 Clay St.  
Riverside, CA 92509  
951.360.1616  
www.pacificaatriverside.com  
*Alzheimer's, Memory Care and Assisted Living*

**Golden Horizon Home**

15710 Silver Spur Rd.  
Riverside, CA 92504  
951.780.6390  
*Alzheimer's, Memory Care and Assisted Living*

**HOMELESS SHELTERS****Path of Life Ministries**

Administrative Office Call 951.786.9048  
Homeless Men & Women (18+ yrs.) Call 951.683-4101  
Homeless Families with Children (17 and under) Call 951.275.8755  
www.thepathoflife.com  
*Rescuing, restoring, and rebuilding lives through a 60-90 day program for stabilization, case management, shelter, meals, and showers. December 1- April 15 nightly cold weather shelter.*

**City of Riverside Homeless Service Campus**

2880 Hulen Place  
Riverside, CA 92507  
951.826.2200  
www.endhomeless.info  
*Connects homeless individuals with social services and housing.*

**HOUSING RESOURCES****Fair Housing Council of Riverside**

3933 Mission Inn Ave.  
Riverside, CA 92501  
951.682.6581  
www.fairhousing.net  
*Addresses and promotes fair housing rights.*

**California Department of Consumer Affairs**

1625 North Market Blvd., Suite N112  
Sacramento, CA 95834  
800.952.5210  
www.dca.ca.gov  
*Assists with fair housing, landlord/tenant issues.*

**California Association of Public Authorities for In-Home Supportive Services**

12125 Day St., Ste. S-101  
Moreno Valley, CA 92557  
Phone: 1.888.470.4477  
www.capaihss.org/index.htm  
*Promotes the availability of services and the right of older adults and persons with disabilities to live with independence and dignity.*

**Housing Authority of the County of Riverside**

5555 Arlington Avenue  
Riverside, CA 92504  
951.351.0700  
*Helps provide affordable, decent, safe and sanitary housing opportunities to low and moderate income families, including elderly and handicapped persons, while supporting programs to foster economic self-sufficiency.*

**SUPPORT PROGRAMS****A.A.R.P.**

3713 Tibbetts St.  
Riverside, CA 92506  
951.682.1416  
www.aarp.com  
*Champions positive social change and delivers value through advocacy, information and service.*

**Mayor's Commission on Aging**

5257 Sierra Street  
Riverside, CA 92504  
951.826.5686  
www.riversideca.gov/mayor/aging.asp  
*Meetings held at 4 p.m. on the second Tuesday of each month at the Janet Goeske Senior Center.*

**American Cancer Society**

6355 Riverside Ave.  
Riverside, CA 92506  
951.300.1200  
www.cancer.org  
*Program designed to improve the quality of life for cancer patients and caregivers.*

**Community Access Center**

6848 Magnolia Ave., Ste. 150  
Riverside, CA 92506  
951.274.0358  
www.ilcac.org  
*Provides information, supportive services and independent living skills training.*

**Alzheimer's Association, Inland Empire**

9213 Archibald Ave.  
Rancho Cucamonga, CA 91730  
909.944.9680  
www.alz.org  
*Provides education, information and resources to caregivers and to those who deal with Alzheimer's and dementia.*

**Blindness Support Services**

3696 Beatty Dr., Ste. A  
Riverside, CA 92506  
951.341.9244  
www.blindnesssupport.com  
*Innovative approaches to achieving independence and self-reliance for the blind and visually impaired.*

**Riverside County Substance Abuse Programs**

1827 Atlanta, Suite D1  
Riverside, CA 92507  
951.955.2105  
www.countyofriverside.us  
*Substance abuse treatment (outpatient), assessment and referrals.*

**Riverside Parkinson's Disease Support Group**

5257 Sierra Street  
Riverside, CA  
951.735.6057  
www.rpsgca.org  
*Provides a safe, confidential location for people with Parkinson's to come, ask questions, and find answers for their disease.*

**You Are Not Alone (Y.A.N.A.)**

Riverside Police Department  
951.826.8721  
www.rpdonline.org  
*This program's focus is making daily contact to ensure the safety and welfare of participants.*

**Disabled Telecommunications**

**Assistance Services**  
**California Telephone Access Program**  
2002 Iowa Avenue, Suite 106  
Riverside, CA 92507  
1-800-806-1191  
www.CaliforniaPhones.org  
*Free specialized phones program.*

**County of Riverside Department of Public Social Services**

11060 Magnolia Ave.  
Riverside, CA 92505  
951.385.3400  
www.dpss.co.riverside.ca.us  
*The Adult Services Division provides social service programs to help Riverside County's elderly and dependent adults live safely with as much independence as possible.*

**Chronic Disease Fund**

6900 N. Dallas Parkway, Suite 200  
Plano, TX 7502  
877.968.7233  
www.cdfund.org  
*Assists patients who cannot afford the cost of their specialty therapeutics.*

**Riverside County HICAP**

9121 Haven Ave, Suite 120  
Rancho Cucamonga, CA 91739  
800-434-0222  
www.coaoc.org  
*Promoting the independence, health and dignity of adults through compassion, education, and advocacy.*

**Department of Aging and Adult Services**

686 E. Mill Street, 2nd Floor  
San Bernardino, CA 92414  
909-891-3900  
hss.sbcounty.gov/daas  
*Dedicated to helping seniors and at risk individuals to improve or maintain choice, independence and quality of life.*

**Community Connect**

2060 University Ave., Suite 212  
Riverside, CA 92507  
951.686.4402 or toll free 2-1-1  
www.connectriverside.org  
*Rental assistance, housing, transportation, professional and self development, counseling, senior services and so much more.*

**Community Action Partnership of Riverside County**

2038 Iowa Ave., Ste. B-102  
Riverside, CA 92507  
951.955.4900  
www.capriverside.org  
*Helps eradicate poverty by removing barriers, and enabling the poor in the pursuit of economic security.*

**California Department of Rehabilitation**

721 Capitol Mall  
Sacramento, CA 95814  
800.952.5544  
www.dor.ca.gov  
*Provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.*

**Social Security Administration**

7880 Mission Grove Parkway South  
Riverside, CA 92508  
800.772.1213  
www.socialsecurity.gov  
*Replace a Social Security card or Medicare card, inquire about your earnings, or file a claim for Retirement, Survivor's, Disability, or Supplemental Security Income (SSI) benefits.*

**Sharing Household Assist Riverside Energy (SHARE)**

3750 University Avenue, 3rd Floor  
Riverside, CA 9250  
951.955.6448  
www.greenriverside.com  
*SHARE is a Riverside Public Utilities program that assists qualified, low-income residential customers with their electric utility bills and deposits.*

**Arthritis Foundation**

800 West 6th Street, Suite 1250  
Los Angeles, CA 90017  
323.954.5750  
www.arthristis.org  
*Information, events, advocacy activities and vital programs and services.*

**California Department of Aging**

1300 National Drive, Suite 200  
 Sacramento CA 95834  
 916.419.7500  
 www.aging.ca.gov  
*Promotes the independence and well-being of older adults, adults with disabilities, and families.*

**Patient Advocate Foundation**

421 Butler Farm Road  
 Hampton, VA 23666  
 800.532.5274  
 www.patientadvocate.org  
*Assists with medical debt and insurance issues.*

**Riverside Community Health Foundation**

4445-A Magnolia Ave.  
 Riverside, CA 92501  
 951.788.3471  
 www.rchf.org  
*Preventative health education and physical fitness classes.*

**Adult Protective Services**

10769 Hole Avenue, Suite 200  
 Riverside, CA 92503  
 800.491.7123  
 www.dpss.co.riverside.ca.us  
*Provides a system of in-person response, 24-hours a day, 7 days a week.*

**Financial Fraud Enforcement Task Force**

202.514.2000  
 www.stopfraud.gov  
*Improves efforts to investigate and prosecute significant financial crimes, ensure just and effective punishment for those who perpetrate financial crimes, recover proceeds for victims and address financial discrimination in the lending and financial markets.*

**ANIMAL SERVICES**

**Mary S. Roberts Pet Adoption Center**

6165 Industrial Ave.  
 Riverside, CA 92504  
 Phone: 951.688.4340  
 www.petsadoption.com  
*The Humane Society offers pet adoption, socialization, and humane education services.*

**Western Riverside County/ City Animal Shelter**

6851 Van Buren Blvd.  
 Jurupa Valley, CA 92509  
 951.358.7387  
 www.rcdas.org  
*Pet licensing, adoptions, volunteer center, lost and found pets, low cost vaccine clinic, low cost spay/neuter voucher program and animal control needs.*

**Arlington Animal Hospital**

4229 Van Buren Blvd.  
 Riverside, CA 92503  
 951.689.0440  
*Spay and castration services.*

**NUTRITION SERVICES**

**Meals on Wheels**

4845 Brockton Ave.  
 Riverside, CA 92506  
 951.683.7151  
 www.riversidemealsonwheels.org

**Arlington Seventh Day Adventist Church (Emergency Food Program)**

8778 Magnolia Ave.  
 Riverside, CA 92503  
 951.688.6630  
 www.arlingtonesda.org

**LEGAL ASSISTANCE**

**California Disability Rights Association, Riverside Chapter 34**

5257 Sierra Ave. (Janet Goeske Center)  
 Riverside, CA 92504  
 951.729.5532  
*Information, advocacy, ADA laws, support on independent living, and more. Meets at Janet Goeske Senior Center every 2nd Friday of the month from 11:30 a.m. – 1:30 p.m.*



**GILBERT A. DIAZ JR.**  
 ATTORNEY AT LAW  
 4229 MAIN STREET  
 RIVERSIDE, CA 92501  
 WWW.GILBERTDIAZ.COM  
 (951) 682-1245  
 TOLL FREE (877) 331-4360  
 GILBERTDIAZ@LAWYER.COM

Reference herein to any specific organization, business, manufacturer, or otherwise, does not constitute or imply endorsement, recommendation, or favoring by the City of Riverside Parks, Recreation and Community Services Department or any entities thereof.

All organizations listed may have fees associated with their services.

**“What Remains Is Far More Important Than What Is Lost”**



**Legacies Memory Care at Pacifica**

At Pacifica Riverside, we take pride in offering our specialized memory care program, Legacies, which provides quality care to our residents facing Alzheimer’s disease and other related dementia’s.

- Compassionate, specially trained caregivers
- Homelike Memory Care cottages with Customized Care Approaches including diabetic care management
- Beautifully Landscaped, Enclosed Gardens with Walking Paths

Right Choice, Right Time.  
 Welcome Home!

Schedule Your Personal Visit Today.  
**951.703.1685**  
 6280 Clay Street  
 Riverside, CA 92509



**www.PacificaAtRiverside.com**  
 License # 336435940

## SENIOR CENTERS

### Dales Senior Center

3936 Chestnut St.  
Riverside, CA 92501  
951.826.5303  
[www.riversideca.gov/park\\_rec](http://www.riversideca.gov/park_rec)

### La Sierra Senior Center

5215 La Sierra Ave.  
Riverside, CA 92505  
951.351.6435  
[riversideca.gov/park\\_rec](http://riversideca.gov/park_rec)

### Eddie Dee Smith Senior Center

5888 Mission Blvd.  
Riverside, CA 92509  
951.275.9975  
[www.edssc.org](http://www.edssc.org)

### Janet Goeske Senior Center

5257 Sierra St.  
Riverside, CA 92504  
951.351.8800  
[www.janetgoeskecenter.com](http://www.janetgoeskecenter.com)

## COMMUNITY CENTERS

### Bordwell Park/Stratton Center

2008 Martin Luther King Blvd.  
Riverside, CA 92507  
951.826.5355  
[www.riversideca.gov/park\\_rec](http://www.riversideca.gov/park_rec)

### Bryant Park/Arlanza Center

7950 Philbin Ave.  
Riverside, CA 92505  
951.351.6135  
[www.riversideca.gov/park\\_rec](http://www.riversideca.gov/park_rec)

### Reid Park/Ruth Lewis Center

701 N. Orange St.  
Riverside, CA 92501  
951.826.5654  
[www.riversideca.gov/park\\_rec](http://www.riversideca.gov/park_rec)

### Villegas Park/Ysmael Villegas Center

3091 Esperanza St.  
Riverside, CA 92504  
951.351.6142  
[www.riversideca.gov/park\\_rec](http://www.riversideca.gov/park_rec)

## FITNESS PROGRAMS

### Water Aerobics and Aqua Therapy

Shamel Park  
3650 Arlington Ave.  
Riverside, CA 92504  
951.515.5597  
[www.RAQsynchro.org](http://www.RAQsynchro.org)  
*Splash off the weight and pain in the pool.*

### Geri-Fit® Strength Training

951-694-6873  
[www.gerifit.com](http://www.gerifit.com)  
*Group strength training exercise classes held at 20 locations throughout Southern California. Bring a set of 2-pound weights.*

### Silver Sneakers Fitness®

3191 Mission Inn Ave.  
Riverside, CA 92507  
888.423.4632  
[silversneakers.com](http://silversneakers.com)  
*A fun, energizing program that helps older adults take greater control of their health by encouraging physical activity and offering social events.*

### Riverside Activity Guide

View all the fun and innovative programming the City of Riverside Parks, Recreation and Community Services Department has to offer you!

Visit [www.riversideca.gov/park\\_rec](http://www.riversideca.gov/park_rec)  
or call 951.826.2000 today!



The Silver Swimmers program is open to all adults 60 years of age and over who are dedicated to improving their overall health and well-being.

Participants work at their own pace to advance to the next level.

Earn hours on the following days and times:

#### Recreation Swim at all pools:

Monday - Thursday & Saturday  
1-4 p.m.

#### Recreation Night Swim at all pools:

Tuesday and Thursday  
7-8:30 p.m.

(June 14 - August 22)

#### Silver Swimmers Swim Pass:

\$42/\$63 (Non-resident)

Scholarships are available this year thanks to the generous grant from the Kaiser Foundation.

Applications available at La Sierra and Dales Senior Centers or call 951.826.2000.



### Dales and La Sierra Senior Centers

Enhancing the lives of Riverside senior citizens through activities, programs and services that stress independence, health and well-being.

The City of Riverside Parks, Recreation, and Community Services Department is dedicated to providing programs that promote healthy lifestyles and positive use of leisure time. Activities focus on fitness, lifelong learning, and providing a space to visit and meet friends.

Join us at the Dales and La Sierra Senior Centers for a variety of classes, including:

- Monthly Luncheons
- Dinner Dances
- Bingo
- Fitness Classes
- Art Classes
- Breakfast Club
- Computer Classes
- Excursions
- Spanish Classes



## TRANSPORTATION

### Riverside County Transportation Commission

4080 Lemon St., 3rd Floor  
Riverside, CA 92501  
951.787.7141  
www.rctc.org

*Transportation solutions that support our quality of life and our region's economy.*

### City of Riverside Special Transportation

8095 Lincoln Ave #A  
Riverside, CA 92504  
951.687.8080

www.riversideca.gov/park\_rec/seniors-transportation.asp

*The Special Transportation services program is a curb-to-curb minivan service for senior citizens and the disabled. Only travels within city limits.*

### Riverside Transit Agency

1825 Third St.  
Riverside, CA 92507  
951.565.5002

www.riversidetransit.com

*Consolidated Transportation Service Agency for western Riverside County*

### Dial-A-Ride

1825 Third St.  
Riverside, CA 92507  
800.795.7887

After hours hotline: 866.543.4782

www.riversidetransit.com

*Advanced reservation transportation service for seniors and persons with disabilities.*

### Transportation Access Program (TAP)

2060 University Ave., Ste. 212  
Riverside, CA 92507  
Dial 211

www.connectriverside.org

*Short-term transportation assistance.*

### Helping Hands Transportation

909.770.0256

www.hhtransports.com

*Provides reliable, safe, courteous and on time non-emergency transportation to the physically and mentally challenged.*

## TRIPS AND TOURS

### Dales Senior Center

3936 Chestnut Street  
Riverside, CA 92501  
951.826.5303

www.riversideca.gov/park\_rec

*Low cost monthly excursions.*

### La Sierra Senior Center

5215 La Sierra Ave.  
Riverside, CA 92505  
951.351.6435

www.riversideca.gov/park\_rec

*Low cost monthly excursions.*

### Janet Goeske Senior Center

5257 Sierra St.  
Riverside, CA 92504  
951.351-8800

www.janetgoeskecenter.com

*Monthly excursions.*

# RIDE RIVERSIDE

## SPECIAL TRANSPORTATION

### For Seniors & Disabled

# 951-687-8080

*"We'll Take You Where You Want to Go!"*

GO AS AN INDIVIDUAL

GROUP EVENTS

VISIT YOUR LOCAL SENIOR CENTER

MAKE FRIENDS

TRAVEL TO THE MALL

SEE A MOVIE

TRAVEL TO DOCTORS' APPOINTMENTS

LIVE YOUR LIFE!

CITY OF RIVERSIDE  
City of Arts & Innovation  
PARKS, RECREATION & COMMUNITY SERVICES DEPARTMENT

## Did you know you may qualify for year-round enrollment?



### Are you...

- Turning 65?
- A recipient of both Medicare and Medi-Cal benefits?
- Living in a new area from a recent move?
- Receiving extra help from Medicare to pay for medications?
- Losing coverage with an employer?

If you're looking for a new Medicare Advantage plan that fits your specific needs, you may be eligible to join SCAN Health Plan® year-round.

Find out if you qualify for a Special Enrollment Period.

**Andrew Culkin: 1-951-375-2381**

License #OA98243

Calling this number will connect you to a licensed insurance agent/broker.



SCAN Health Plan is an HMO plan with a Medicare contract. SCAN also has a contract with the California Department of Health Care Services' (DHCS) Medi-Cal program. Enrollment in SCAN Health Plan depends on contract renewal. Generally, members may enroll in SCAN only during specific times of the year unless you meet certain special election criteria. For more information, please contact SCAN Health Plan, or you may visit [www.scanhealthplan.com](http://www.scanhealthplan.com). Y0057\_SCAN\_8313\_2013F File & Use Accepted 11172013



**Riverside County Office on Aging**  
6296 River Crest Drive, St. K  
Riverside, CA 92507  
[www.rcaging.org](http://www.rcaging.org)  
**(800) 510-2020**



Aging & Disability  
**Resource Connection**  
ADRC of RIVERSIDE COUNTY

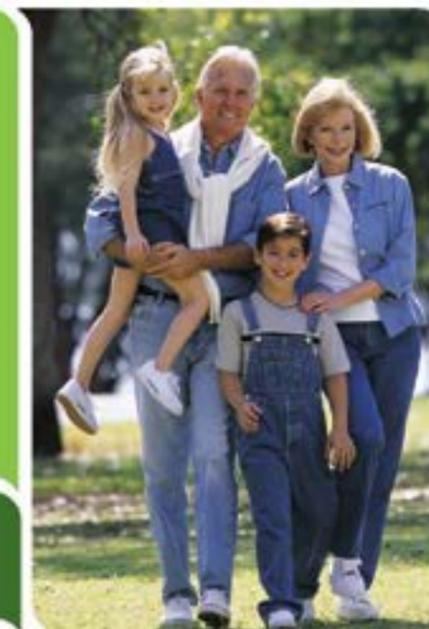
Connecting you to information about aging, living with a disability,  
long-term services and support.

Aging & Disability Resource Connection Senior Helpline 911 Senior Emergency Cellular Phone Program  
Care Coordination Personal Care / Homemaker Services  
Care Transitions Intervention (CTI) Senior Employment  
Hospital Liaisons Options Counseling  
Caregiver Services  
Community Outreach and Education  
Community Elder Abuse Education  
Fit After 50 Exercise Program  
Grandparents Raising Grandchildren  
Health Insurance Counseling and Advocacy Program (HICAP)  
Volunteer Services  
Health Promotion Programs  
Legal Assistance  
Network of Care  
Nutrition  
Ombudsman Services (Facility Visits)



**Our Purpose:**  
*To enhance quality of life across generations through innovation and partnerships.*

# Your local insurance solution



Humana, a leader in the insurance industry, has agents located right in your neighborhood. We're ready to sit with you, discuss your situation, and recommend products that meet your needs:

- Health
- Dental
- Vision
- Life

**Call today to find out if a Humana plan is right for you.**

Keisha Smith (Lic.# CA 0D08379)

951-348-0854

9 a.m. to 5 p.m., Monday - Friday

## Humana.

GHHH98GHHB



If you are interested in being included in *The Guide*, contact the  
City of Riverside Parks, Recreation and Community Services Department  
at (951) 826-2000