



PRESS RELEASE

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FOR IMMEDIATE RELEASE

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TRY A TRI - for a Great Cause

Riverside, California – The Riverside Police Foundation is hosting its 2nd Annual RIVERSIDE TRIATHLON on October 20th at Bobby Bonds Sports Complex. This multi-sport event consists of a 5K run, 12-mile bike and finishes with a 150 meter swim (3 laps). The course, which begins at University Avenue then up and back Victoria Avenue, is flat and fast. It is police controlled for the safety of all.

"Triathlons can be intimidating, but this Reverse Sprint distance is ideal for beginners as well as the seasoned triathlete," explains Kandi DiCarlo, President of the Tri Connection in Riverside/Rancho Cucamonga. "We host clinics, as well as free personal advice geared to benefit all levels."

"Given this is a major accomplishment, we proudly honor each finisher with a medal," states Judy Cunningham, Race Director for the event. "However, we award place medals for individuals, teams and our Challenge Cups."

Last year's champion relay team was won by three gentlemen totaling 157 years in age! Yes, Ray Sr. is a 79-year old bike racer who "still stomps on most guys less his age", Ray Jr. is a 59-year old competitive weight lifter who "swims like an anchor," and 24-year old Talal gave them the "spectacular 15 minute edge." Ray Soto Jr. states "Old guys rule!" and they'll be back this year to defend their team title. So will Triathlon Connection who won the Club Challenge Cup, Riverside Roadrunners, KO Fitness, Inland Empire Running Club, and more. Riverside Police Department is looking to defend their Public Safety Challenge Cup.

"All proceeds from the triathlon will be used to further community outreach by promoting programs that provide a service to youth," said Riverside Chief of Police Sergio Diaz. "The Foundation was looking at ways to not only raise money to fund these worthwhile programs, but which would also promote our hopes of community involvement." Chip timing with splits will be utilized and a police controlled course will allow for a fast and safe event. For more information about the triathlon, visit www.riversidetriathlon.com.

Race Date & Location: Sunday, October 20, 2013
Bobby Bonds Park - 2060 University Avenue, Riverside CA 92507

Event Schedule: 6:00-7:30 a.m. Registration / Packet Pick-up
7:45 a.m. Transition Area Closes (fenced) / Opening and National Anthem
8:00 a.m. Gun Start
10:30 a.m. Awards and Recognitions

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