

City of Arts & Innovation

RIVERSIDE FIRE DEPARTMENT



OFFICE OF EMERGENCY MANAGEMENT

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# CITY OF RIVERSIDE COMMUNITY PREPAREDNESS NEWSLETTER

4th Quarter 2016

Volume VIII, Issue IV

## "SAFETY IN THE KITCHEN IS IMPORTANT!"

NFPA discourages the use of outdoor gas- fueled turkey fryers that cook the turkey in hot oil. The use of turkey fryers can lead to devastating burns, other injuries and the destruction of property.

The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.



### KITCHEN SAFETY

- ◆ Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- ◆ Stay in the home when cooking your turkey and check on it frequently.
- ◆ Keep children away from the stove. The stove will be hot and kids should stay 3 feet away.

- ◆ Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- ◆ Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags. Keep knives out of the reach of children.

### Oil-less Fryers

NFPA urges those who prefer fried turkey to look for grocery stores, specialty food retailers, and restaurants that sell deep fried turkeys, or consider a new type of "oil-less" turkey fryer."

- ◆ Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- ◆ Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- ◆ Never leave children alone in room with a lit candle.
- ◆ Make sure your smoke alarms are working. Test them by pushing the test button.

\*Safety Tip source: NFPA

# National Night Out Kick-Off Events



Arturo, Larry, Vince, Gina, Neil, Margo, Robin

ON JULY 30, 2016 - CITY OF RIVERSIDE FIRE - OFFICE OF EMERGENCY MANAGEMENT AND CERT VOLUNTEERS PARTICIPATE IN 2 NATIONAL NIGHT OUT KICK OFF EVENTS at RIVERWALK HOA COMMUNITY PARK & RIVERSIDE POLICE AT ARLINGTON TARGET. The Emergency Prep/ CERT Booths promoted Disaster Preparedness and CERT Training along with explaining how to shut off utilities in an emergency. They also reminded everyone to stay hydrated it was a very hot day! Fire Station 8 participated at the Riverwalk Event and displayed the Fire Engine.



Keep up the great work CERT!



Mark, Joe, John, Gina, Stacy, Debbie, David



## CERT Adv. Training–Water Safety Awareness

On Sat. July 23, RIVERSIDE FIRE CERT ADVANCED TRAINING - "WATER SAFETY AWARENESS" Training & Exercise - CERT Instructors: Firefighter Wayne Hess & K-9 Search Specialist Peter

Sellas both members of the US&R CATF6 (California Urban Search & Rescue Task Force) provided training on how to avoid conditions or situations that could create the potential for danger (e.g., swimming in Nonpublic, restricted or isolated



areas or attempting to drive through flooded areas with strong, unstable or turbulent currents. We practiced basic lifesaving skills and techniques that could help in an emergency, we tossed a "throw bag or rope" to see how hard we would have to toss it to someone who may be trapped and unable to escape from the water. Good Training from Professionals!



## CERT Adv. Training - Utility Safety Awareness

On Wed. AUG. 17, 2016- RIVERSIDE FIRE CERT ADVANCED TRAINING - "UTILITY SAFETY AWARENESS"

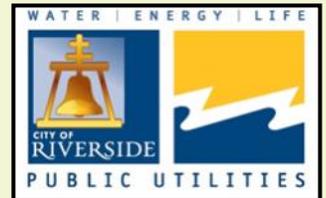
Instructors: City of Riverside Public Utilities Safety Team

Members; Marc Smith Sam Davis, John Baker, Marsha Williams

presented information regarding the City's Public Utilities that included -Where Our Energy Comes From and the Water

System: Sources and Supply. We learned what CERT Members

could do to help should an emergency/ disaster happen involving Water or Electricity Utilities and that one thing CERT Members could help with would be to secure an area with a "downed power line" with a distance of at least 30 feet away and keeping others away. We also learned that the city has lots of resources to help the community to prevent emergencies from becoming disasters by



taking preventative measures. Thanks to our Instructors valuable life saving information to have.



# CONGRATULATIONS CERT CLASS # 66 - AUGUST 2016



ALPHABETICAL ORDER: **Toby Aronson, Stephen Aronson, Michelle Assaturian, Leslie Birkett, Crystal Bonker, Pamela Brown, Jennifer Cordsen, Press Curiel, Clinton Dague, D. Nini Dyogi, Loren Faulkner, Vicki Matchett, Sol Naranjo, Carrie Smith, Tiffany Stark, Belinda Walker, Lauren Walker, Robert Walker, Amber Watt, Armand Welsh, Lisa Winn, Marc Wyatt, Krisden Wyatt** Thanks to Past CERT Member "VICTIMS": Chris Acosta, Matt Fuller, Stacy Finger, Alysia Webb, Julie Lindsay, Kim Sabatello, Christiane Amat Thanks CERT Volunteers -Registration & Tasks; Anna Hauldren, Vince Rosse CERT Instructors: Fire Captain **John Peurifoy**, Firefighter **Wayne Hess**, Fire Captain **Lisa Holloway**, CERT Program Manger **Gina Perez**



Operations Section Chief Michelle Assaturian & Medical Group Leader Toby Aronson provide a status report to Capt. Lisa Holloway



Clint Dague & Loren Faulkner practice using the PASS System to extinguish the Fire



Thanks CERT Volunteers who were our "Victims" for Final Drill  
Vince, Matt, Alysia, Stacy, Chris, Christiane, Julie, Kim

September is...  
National Preparedness Month

Ready Riverside



- ✓ GET A KIT
- ✓ MAKE A PLAN
- ✓ BE INFORMED
- ✓ GET INVOLVED

Get Started Here! [www.riversideca.gov/readyriverside](http://www.riversideca.gov/readyriverside)

## September - National Preparedness Month

On Tues. **AUG. 23, 2016**, **MAYOR PROCLAIMS SEPTEMBER AS "NATIONAL PREPAREDNESS MONTH"** - Mayor Bailey presented a Proclamation to Riverside Fire Department proclaiming September as **"National**



**Preparedness Month.**" a nationwide effort encouraging families to take action now to prepare for future emergencies and disasters in their homes, businesses, and communities. While September is the month for recognizing national

preparedness, the goal is to make preparedness a part of our daily lives every day. Back Row; Councilmen Mike Gardner, Andy Melendrez, Mike Soubirous, Paul Davis, Chris Mac Arthur, Jim Perry and John Burnard. Front Row: CERT Volunteers: Debbie Gonzalez, Larry Hernandez, CERT Prog. Manager Gina Perez, Emergency Serviced Coord. Mark Annas, Mayor Rusty Bailey, CERT Volunteers; Anna Hauldren, Vince Rosse, David Bell and Chief Michael Moore.

## 911- Day of Service Ceremony



**SEPTEMBER 11, 2016 - RIVERSIDE CITYWIDE DAY OF SERVICE EVENT.**

The **9/11 Day of Service Ceremony** remembered the victims of the 2001 terrorist attacks while honoring our first responders and giving

Riverside residents an opportunity to participate in community service projects. The event kicked off



at City Hall with music from the UC Riverside Pipe Band followed by a Ceremony at 9:11

a.m., with the Presentation of Colors from the Riverside Police, Fire and AMR Honor Guard and



welcoming remarks from Mayor Bailey. There were booths from community



Anna, Vince, Margo, Shani, Gina, David, Stacy, Matt



Chaplain Steve Ballinger  
Chaplain Tony Braun

organizations and day of service events were held throughout the city in remembrance of 9/11 and support of First Responders.



# CONGRATULATIONS RIVERSIDE CITY EMPLOYEE CERT CLASS # 67 - SEPTEMBER 2016



ALPHABETICAL ORDER: **Albaro Albanes, Michael Dean, Alliece Duckett, Tamina Duncan, Kevin Goodwin, Angela Henson, Steven Hernandez, Paula Holden-Mitchell, Brandon Knight, Jack Lynn, Felipe Medina, Patricia Meneses, Peter Mossel, Kimberly Mullins, Jonelle Oms-Gonzalez, Darlene Ramirez, Jackie Rodriguez, Phoebe Sherron, Melanie Valles, Sarah Varela**  
 Thanks CERT "VICTIMS": **Kaye Powley & Kim Sabatello**  
 CERT Instructors: Fire Captain **John Peurifoy**, Firefighter **Wayne Hess**, Fire Captain **Lisa Holloway**,  
 K-9 Handler **Peter Sellas**, CERT Program Manger **Gina Perez**



CERT Participants conduct head to toe assessments and provide treatment to Victims during final drill.



Capt. Peurifoy gets status report from Incident Commander Paula Holden-Mitchell



# PROMOTING DISASTER PREPAREDNESS IN RIVERSIDE

Sept. 1, 2016 - City of Riverside Fire Department Station 2 Crew & CERT Participated in the Mt. Rubidoux District Boy Scout Event Held at the LDS Church on Jackson St. There was Scout Leaders and Troops representing the Inland Empire, the event had information booths with resources and information on scouting.

**BOY SCOUT MOTTO: BE PREPARED!**



Gina, Kay, Terry, Claudia  
Station 2 Fire Crew & Mt. Rubidoux Boy Scouts



Claudia explains the use of the 3 in one tool for emergency utility shut



Susan, Margo, Henry, Debbie, Angelina, Maria

Sat. SEPT. 24, 2016 - RIVERSIDE DEAF AWARENESS KICK-OFF EVENT- Downtown RIVERSIDE FIRE CERT VOLUNTEERS Maria Egbert and Tammy McBirnie who are skilled in American Sign Language assisted along with Debbie Gonzalez, Henry Bravo, Margo Miley, Angelina Robles, Susan Ewald & COMM. PREP COORD. Gina Perez at an Emergency Preparedness/ CERT Booth. Volunteers distributed emergency preparedness information and reminded everyone that following a major disaster we may be on our own for days before professional help arrives, that we should put

together an emergency supply kit and have a family plan. We are very appreciative to Maria and Tammy they for their help in interpreting our information to the deaf community that attended the event.

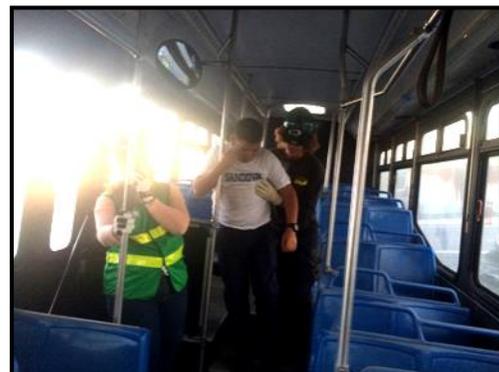
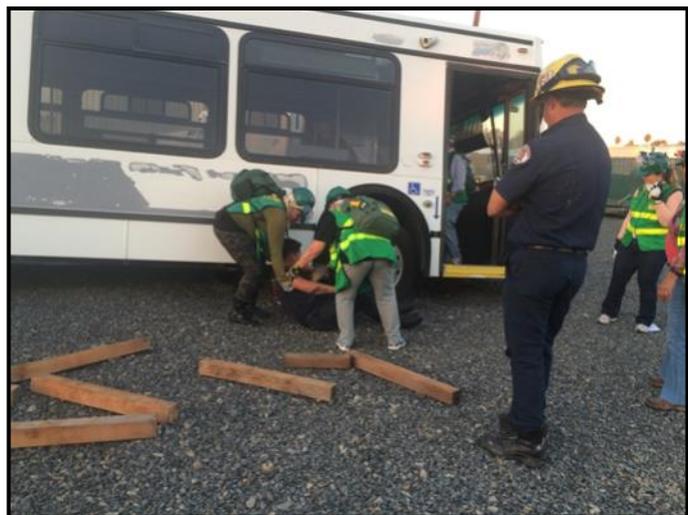


## CERT Adv. Training - BUS CRASH SIMULATION INCIDENT RESPONSE MOBILIZATION DRILL

On Wed. SEPT. 14, 2016 -RIVERSIDE FIRE CERT ADVANCED TRAINING -  
"INCIDENT MOBILIZATION" Training & Disaster Exercise

City of Riverside Fire Department- EOC / Training Center - CERT Instructors:  
Firefighter Wayne Hess & K-9 Search Specialist Peter Sellas both members of  
the US&R CATF6 (California  
Urban Search & Rescue Task  
Force), Gina Perez, CERT  
Program Manager & CERT Radio  
Team Leaders RICK SCHIRMER  
& PAUL BRAIMAN & CERT  
Volunteer DEBBIE GONZALEZ.

Training included Intake  
documentation/ mission tasking /  
radio protocol / staging. CERT  
Members were given simulated  
Disaster to rescue "victims" trapped in  
a Crashed Bus following a Major  
Earthquake. **THANK YOU! To  
RIVERSIDE CITY FIRE EXPLORER  
POST 101** for helping out by being  
"Victims," Fire Explorers always do a  
great job helping us practice!  
**THANKS TO ALL THE CERT  
MEMBERS WHO PARTICIPATED IN  
THE EXERCISE.**



## HOW TO SPLINT A FRACTURE, SPRAIN OR STRAIN

The objective when treating a suspected fracture, sprain, or strain is to **immobilize the injury and the joints immediately above and below the injury site**. The most common way to do this is with a splint.

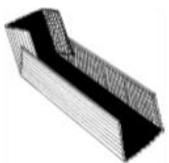
Look around. What materials would you use for a splint?

The material typically used for makeshift splints is **cardboard**, but a variety of materials can be used, including:

- Soft materials such as **towels, blankets, or pillows**, tied with bandaging materials or soft cloths; and/or
- Rigid materials such as a **board, metal strip, or folded magazine or newspaper**.

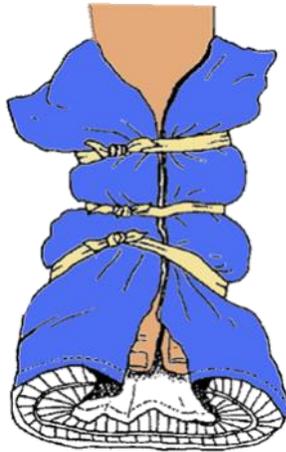
**Anatomical splints** may also be created by securing a fractured bone to an adjacent bone. Anatomical splints are usually reserved for fingers and toes but, in an emergency, legs may also be splinted together.

To form a **cardboard** splint, turn up the edges of the cardboard to form a mold in which the injured limb can rest.



Cardboard Splint

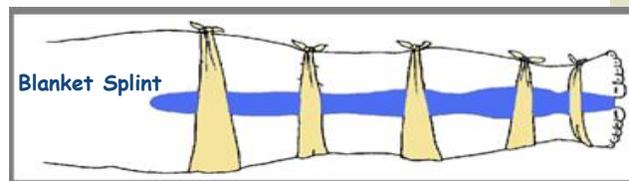
Pillow Splint



A **pillow** splint is formed when the pillow is wrapped around the limb and tied.

Splint with a **blanket** in which the victim's legs are immobilized by tying blankets at intervals from mid-thigh to feet. The guidelines for splinting include the following:

1. Support the injured area above and below the site of the injury, including the joints.
2. If possible, splint the injury in the position that you find it.

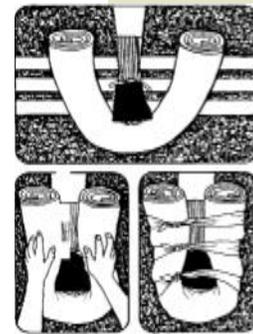


3. Don't try to realign bones or joints.

4. After splinting, check for proper circulation (warmth, feeling, and color).
5. Immobilize above and below the injury.

You should remove restrictive clothing, shoes, and jewelry when necessary to prevent these items from acting as tourniquets.

Towel Splint



To form a splint with a **towel**, roll up the towel, wrap it around the limb, and then tie it in place.



Upper Arm Fracture splint & sling

**SAVE THE DATE: CERT ACTIVITIES AND CLASSES**

**CITY OF RIVERSIDE COMMUNITY PREPAREDNESS NEWSLETTER**

City of Riverside  
Fire Department  
Office of Emergency  
Management

Phone: 951-320-8100  
Fax: 951-320-8102  
e-mail: rivcitycert@riversideca.gov



www.facebook.com/  
CityOfRiversideCert  
Local website:  
www.readyriverside.com  
National website:  
www.citizencorps.gov

**Editor:**

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**Community Emergency Response Team  
20-Hour Basic Course Training  
FEBRUARY 2017**

**Riverside City Employee Only**  
Riverside Fire EOC Training Center  
**Dates:** FEB 2 Thurs. Times TBA  
FEB 7, Tues. Times TBA  
FEB 9, Thurs. Times TBA  
FEB 14, Tues. Times TBA  
FEB 16, Thurs. Times TBA  
FEB 21, Tues. Times TBA  
FEB 23, Thurs. Times TBA  
**Must attend all dates for  
FEMA Certificate &  
CERT BACKPACK WITH GEAR**

**MARCH 2017**

**Community Emergency Response  
Team (CERT)  
20 Hour Basic Course**

Riverside Fire EOC Training Center  
**Dates:** ♦ To Be Announced  
March , Friday  
6:00 pm to 9:00 pm  
♦ March, , Saturday  
8:00 am to 5:00 pm  
♦ March, , Sunday  
8:00 am to 5:00 pm  
**Must attend all dates for  
FEMA Certificate &  
CERT BACKPACK WITH GEAR**  
**Online Registration at:**  
[http://riversideca.gov/fire/  
specialprograms/cert/forms/  
CertRegisterTrainingBasic.aspx](http://riversideca.gov/fire/specialprograms/cert/forms/CertRegisterTrainingBasic.aspx)  
**Course fee \$15.00.**

**CERT ADVANCED TRAINING  
RIVERSIDE CERT Members Only**

♦ CERT Adv. Training - **SANDBAGGING**  
January 18, Wed. 6 pm to 8 pm  
**Instructor: Fire Capt. John Peurifoy &  
EOC Staff**  
Riverside Fire EOC Training Center  
**Online registration at:**  
[www.riversideca.gov/fire/  
specialprograms/cert/forms/  
CertRegisterTrainingAdvanced.aspx](http://www.riversideca.gov/fire/specialprograms/cert/forms/CertRegisterTrainingAdvanced.aspx)

*January 2017*

Sun	Mon	Tue	We	Thu	Fri	Sat
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29	30	31				

*February 2017*

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*March 2017*

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**IMPORTANT**

Have you moved or changed your email address or phone number?



Give us a call (951.320.8112) or send  
Gina Perez an email  
(gperez@riversideca.gov) and update  
your contact information.