



## Mayor's Commission on Aging

Minutes from Thursday, September 10, 2009 – 1 p.m.

**Approved as submitted on October 8, 2009**

City Hall

3900 Main Street, Seventh Floor

Mayor's Ceremonial Room

*The mission of the Riverside Mayor's Commission on Aging is to enhance the quality of life for seniors in our community. We study local senior issues to learn about current programs, define future needs, and reference Best Practices. We then make recommendations to the Mayor and City Council on ways we think the City of Riverside can maintain and improve its status as a Senior-Friendly Community.*

### I. Call to Order & Welcome

Chairperson Holley called the meeting to order at 1:03 p.m.

#### **Members in Attendance:**

Barbara Brown

Don Coon

Freeda Carter

Marilyn Gallagher

Mary Holley

Marie Leggette

Georgia Randolph

#### **Members Absent:**

Adeny Schmidt (excused)

#### **City Staff in Attendance:**

Assistant Recreation Services Coordinator Betty Perez, Recreation Supervisor Dawn Pia, and Mayor's Staff Deisy Ruiz.

#### **Guests:**

AARP Board Member Edna Cote, Senior Services Director Teresa Denham, Peggy Earlie, Mt. Rubidoux Manor Residents Council VP Wally Longshore, Secure Horizons Rep. July Paramo, AARP Board Member Esther Percy and California Senior Legislature Rep. Phyllis Purcell.

### II. Oral Communications from the Audience

Ms. Purcell pointed out that many seniors are having a difficult time buying groceries and many more seniors are requesting assistance from feeding programs.

Mr. Longshore announced good progress on the final preparations for the conference. The event is only 16 days away!

Recreation Supervisor Dawn Pia distributed the Dales Senior Center Newsletter. She also announced that the Parks, Recreation and Community Services Department is seeking volunteers and instructors for the new programs that will be offered at the La Sierra Senior Center when it opens in January of 2010. If you would like to volunteer or need additional information, please contact Recreation Services Coordinator Mike Mitchell at (951) 826-2031.

III. Approval of Minutes from August 19, 2009

Motion made by Commissioner Gallagher, seconded by Commissioner Coon, to approve the minutes from the August 19, 2009, meeting as submitted.

**Motion carried Unanimously.**

IV. Guest Speaker: Diane Barrera – Secure Horizons

Diane Barrera was unable to attend. Julie Paramo, also a Representative with Secure Horizons delivered the presentation. Ms. Paramo spoke about the benefits of having a Medicare Advantage plan and the difference between a Medicare Advantage plan and Medicare Supplemental Insurance. She also noted that the Annual Election Period (AEP), which allows seniors an opportunity to change their Medicare Advantage plans, will be November 15 – December 31. The Commissioners thanked Ms. Paramo for her presentation.

V. Photography Contest

Given that interest has been expressed in having the Commission coordinate a photography contest for seniors, discussion on the topic took place. Motion made by Commissioner Gallagher, seconded by Commissioner Leggette to appoint a Photography Contest Subcommittee to develop a proposal for this contest and present it to the Commission as a whole for approval. **Motion carried unanimously.**

Chairperson Holley will ask Commissioner Schmidt if she will chair the Subcommittee and will appoint the other members of the Subcommittee at the upcoming meeting.

## VI. Ward 1 Vacancy

Position is still vacant. Commissioners will continue with the recruitment efforts for this position.

## VII. Updates & Announcements

### A. Fundraising Subcommittee

The Subcommittee members have a couple of ideas for fundraising, but have not had an opportunity to meet yet. They look forward to meeting soon and reporting back to the Commission.

### B. Senior Awards Subcommittee

The Senior Awards Subcommittee announced the 2009 Senior Citizen Award Honorees:

- K. Wallace Longshore
- Doris Morton
- Charlotte B. Van Etten
- Mary Williams
- M. Deane Wylie

Mr. K. Wallace Longshore is also the recipient of this years Mayor's Lifetime Achievement Award. The Commission will host an Awards Ceremony on Tuesday, October 6 at 5:00 p.m. in the Grier Pavilion located on the 7<sup>th</sup> Floor of City Hall, 3900 Main Street.

### C. Greater Riverside Conference of Seniors Going Green

The Commission will host an information booth at the event.

### D. Senior Corps

Launch week activities are scheduled to take place October 6-9, 2009.

### E. Financial Report

Deisy Ruiz, Office of the Mayor Staff to the Commission, reported a trust account balance of \$2, 883.00 and a withdrawal account balance of \$2, 844.75, resulting in a grand total of \$5,727.75. Motion made by

Commissioner Randolph, seconded by Commissioner Gallagher, to approve the financial report as submitted. **Motion carried unanimously.**

F. Correspondence

- Meals-on-Wheels flyer

VIII. Future Items for Commission Consideration

- Meeting Locations
- YANA Program
- Transportation to the La Sierra Senior Center

IX. Adjournment

There being no further business, the meeting adjourned at 2:22 p.m.

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*The next Mayor's Commission on Aging Meeting is scheduled for  
October 8, 2009, at 1 p.m. Location: Dales Senior Center,  
3936 Chestnut St. Riverside, CA 92501*