



# Mayor's Commission on Aging 2008 Annual Report

## **MISSION STATEMENT**

The mission of the Riverside Mayor's Commission on Aging is to enhance the quality of life for seniors in our community. We study local senior issues to learn about current programs, define future needs, and reference Best Practices. We then make recommendations to the Mayor and City Council on ways we think the City of Riverside can maintain and improve its status as a Senior-Friendly Community.

## **MAYOR'S COMMISSION ON AGING MEMBERS**



**Shown from left to right:** Barbara Brown (Ward 4), Freeda Carter (Ward 6), Terrence Moynihan, *Vice Chair* (Ward 1), Marilyn Gallagher (Ward 5), Don Coon, *Vice Chair* (Ward 7), Adeny Schmidt (Ward 7), Mary Holley, *Chair* (Ward 3).

**Not shown:** Marie Leggette (Ward 2), Georgia Randolph (Ward 5).

## **Mayor's Commission on Aging Annual Report: November 2008**

### **SPECIAL PROJECTS ACCOMPLISHED**

To enhance the quality of life for seniors living in the City of Riverside, the Commission completed the following projects:

1. Submitted the Mayor's Commission on Aging Transportation Committee recommendations to the Mayor.
2. Senior Resource Guide: In response to a recommendation from the Mayor's Commission on Aging, the City's Parks, Recreation, and Community Services Department created the Senior Resource Guide.

### **SPECIAL PROJECTS IN PROGRESS**

To enhance the quality of life for seniors living in the City of Riverside, the Commission has taken on the following projects:

1. Social Capital – the Mayor and City Council requested the Commission to “recommend ways to enhance the social capital of seniors in Riverside with special attention to civic engagement.”

In response to this request, the Commission established a Social Capital Subcommittee to consider ways to increase social capital. The Subcommittee is currently studying how the City of Riverside can enhance social capital of seniors through civic engagement and will submit recommendations to the Mayor and City Council at a later time.

2. 2009 Senior Conference – the Commission has partnered with the Police Department and the Janet Goeske Senior Center to host the 2009 Senior Conference in March.
3. Seniors Giving the Gift of Green – the Commission has recently accepted a request to join the residents of Mount Rubidoux Manor in their Go-Green Action Plan for seniors.

### **OUTREACH ACCOMPLISHMENTS**

The Mayor's Commission on Aging strives to create community awareness of the purpose and activities of the Commission.

- From February 2007 to January 2008, the Mayor's Commission on Aging held its meetings at nine different community centers in Riverside.
- Commissioners hosted an information booth at the 5<sup>th</sup> Annual Senior Conference, sponsored by the Riverside Police Department and the Janet Goeske Center.
- Chairperson Holley currently represents the Commission on the Citizens' Advisory Committee for the General Plan's Housing Element 2006-2014 Update.
- Commissioners attended the following events:
  1. March 2008: Mayor for Meals Day, coordinated by Riverside Meals on Wheels.
  2. March 2008: Welcome event for LivHome, at-home senior care company.
  3. May 2008: Clinical Protocols for Intergenerational Aging Forum, coordinated by Riverside County Office on Aging.

## **Mayor's Commission on Aging Annual Report: November 2008**

4. May 2008: Meals on Wheels Luncheon
  5. November 2008: Bordwell Park Senior Expansion Grand Opening.
- Increased efforts to keep the Commission's webpage updated:  
<http://www.riversideca.gov/mayor/aging-awards.asp>
    1. Regularly posted agendas and approved minutes on the web.
    2. Created links from the Commission's page to various senior resources.
    3. Created a page for the Senior Award Honorees featuring their pictures and bios.

### **SOCIAL EVENTS**

In an effort to recognize seniors and provide enjoyment to seniors in our community, the Mayor's Commission on Aging hosted the following events:

#### ***Annual Spring Flings***

On April 12, 2007, and on April 10, 2008, the Mayor's Commission on Aging hosted more than 130 assisted living residents for a luncheon party of fun and entertainment at the Janet Goeske Senior Center.



#### ***2008 Senior Citizen Awards***

In 2004, the Mayor's Commission of Aging created the Annual Senior Citizen Awards to recognize seniors who have made significant contributions to the quality of life in Riverside. On October 7, 2008, the Commission hosted its Annual Senior Citizen Awards Ceremony with a reception to honor the 2008 Award recipients. The reception was followed by a City Council presentation for the honorees. The Commission honored five seniors with the Senior Citizen Award and one senior with a newly created award, the Mayor's Lifetime Achievement Award. Accompanied by their friends and families, the six honorees had a wonderful time.

**Mayor's Commission on Aging Annual Report: November 2008**

*2008 Senior Citizen Award Honorees:*



**Carolyn Grant**



**Mable Harris**



**Harry Hood**



**Vivian Stancil**



**Xavier Zamora**



**Mildred Tyler**  
Mayor's Lifetime  
Achievement Award

**MONTHLY MEETINGS**

The monthly Mayor's Commission on Aging Meetings provide the opportunity for Commissioners to hear first-hand from various community organizations and from the public in order to educate ourselves on the variety of senior programs and issues pertaining to seniors.

<b>2007-2008 Guest Speakers</b>			
<b><i>Meeting Date</i></b>	<b><i>Speaker's Name</i></b>	<b><i>Organization</i></b>	<b><i>Topic</i></b>
March 8, 2007	Mort Mortimer	Inland Empire Virtual Village	Independent living for seniors
May 10, 2007	Terri Howell	California Access Program	Criteria to join the program
November 8, 2007	Tom Evans & Bette Otte	Senior Core of Retired Executives	Opportunities for seniors to get involved
November 8, 2007	Anthony Coletta	City of Riverside EOC & CERT	Emergency preparedness for seniors
January 10, 2008	Thomas Jameson		Senior baseball team
February 14, 2008	Steve Reneker	City of Riverside, Information Technology	Digital Inclusion Program

## Mayor's Commission on Aging Annual Report: November 2008

<i>Meeting Date</i>	<i>Speaker's Name</i>	<i>Organization</i>	<i>Topic</i>
March 13, 2008	Alexander Nadazdin	Private Developer	Affordable senior housing
March 13, 2008	Jim Yerdon	City of Riverside, Housing and Neighborhoods Division	New affordable senior housing developments
May 8, 2008	Diane Jenkins	City of Riverside, Planning Division	Zoning initiatives pertaining to seniors
May 8, 2008	Brenda Flowers	City of Riverside, Office of the Mayor	Commission's webpage
September 11, 2008	Lea Peterson	The Gas Company	Reduce monthly service rates for seniors
September 18, 2008	Siobhan Foster	City of Riverside, Public Works	Increase of sewer service rates
November 13, 2008	Eva Yakutis	City of Riverside, Housing and Neighborhoods Division	Commission's participation in the Neighborhood Conference (2009)
November 13, 2008	Traci L. Page	Secure Horizons by United Healthcare	Medical advantage plans for seniors

### THANK YOU

The Mayor's Commission on Aging would like to thank the guest speakers for taking the time to share with us their valuable information pertaining to seniors. The Commission would also like to acknowledge the remarkable aid and support given to the Commission by members of the Mayor's staff, especially Deisy Ruiz, by the members of the Parks, Recreation, and Community Services Department, and other City departments. The Commission looks forward to supporting the leadership of the Mayor and City Council this coming year.