



 American Diabetes Association.

Name of Company: CITY OF RIVERSIDE

Number of People in Company 2600

Approximate # of employees with diabetes* 260
of Employees x 10.0%

Number of Diagnosed 190
of People with Diabetes x 73%

Number of Undiagnosed 70
of People with Diabetes x 27%

Approximate # of People with Pre-Diabetes* 650
of Employees x 25%

Economic Costs

Avg. Insurance Cost - Employees with diabetes \$ 3,019,302
 $\$5,049^1 \times \# \text{ of Employees with Diabetes} \times 2.3$

Avg. Insurance Cost - Employees with Pre-Diabetes \$ 3,281,850
 $\$5,049^1 \times \text{Approx. Number of People with Pre-Diabetes}$

Potential Cost Increase

Scenerio A: 75% of employees with pre-diabetes develop diabetes \$ 3,199,804
 Scenerio B: 50% of employees with pre-diabetes develop diabetes \$ 2,133,203
 Scenerio C: 25% of employees with pre-diabetes develop diabetes \$ 1,066,601

- Lifestyle changes can delay or prevent diabetes in people with pre-diabetes
 (losing 10-15 pounds, getting 30 minutes of exercise 5 days a week)

* Percentages for diabetes and pre-diabetes reflect the population aged 20 and older

¹ - Based upon number provided in the Employer Health Benefits 2010 Annual Survey
 conducted jointly by The Kaiser Family Foundation and the Health Research and Educational Trust