



# Riverside Fire Department File of Life Program



City of Arts & Innovation

The **FILE OF LIFE** Program is a public service program by the **Riverside Fire Department** sponsored with a donation by the **Rotary Club of Riverside**. This nationally recognized program is designed to assist first responders with rapid identification of person's medical history and prescribed medications. There are no fees to participate in this program.

The **FILE OF LIFE** is a two sided **Medical Card**, which is kept in a **RED LABELED PLASTIC MAGNETIC POCKET**. The **Medical Card** lists the patients name, emergency medical contacts, health problems, medications, dosages, allergies, doctor's name, hospital, and emergency contact. The entire pocket is held, with a magnet, to the **OUTSIDE of the Refrigerator**. Emergency Responders who see a **FILE OF LIFE Decal** on the front door of a residence will look for a File of Life pocket on the Refrigerator or Bathroom mirror when responding to medical emergencies.

## What FILE OF LIFE MEANS to ...

### Benefits to each individual

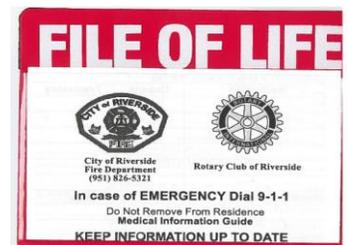
- Peace of mind knowing they will have prompt and quality care
- Easy access to potentially life-saving information
- Assurance that proper persons will be notified quickly

### Benefits to Emergency Responders

- Instantly knowing medical history of person.
- No wasted time getting information from a confused/ incapacitated person
- Correct treatment can begin at once

## Directions for Using the FILE OF LIFE:

1. **PRINT** all Medical Information on the medical card in **PENCIL-** (dosage or medications information may change and need to be updated)
2. **PLACE** the **RED MAGNETIC POCKET** on the **OUTSIDE OF THE REFRIGERATOR DOOR**. (If the patient does not have a refrigerator, tape the medical card to the bathroom mirror.)
3. **PLACE** copies of all Advance Directives inside the Red Magnetic Pocket along with the medical card.
4. **PLACE** a **FILE OF LIFE DECAL** on the front door of the residence.



In addition to the File of Life for the refrigerator, a **COMPACT VERSION** is available for a person to carry in a wallet or purse. A card containing the same medical information is enclosed in a plastic case that can be carried with the person at all times. This personal wallet size version is an invaluable resource to emergency medical teams responding to critical, life threatening situations away from the home.

To receive a File of Life packet or more Information contact:

**Riverside Fire Department**  
**3085 Saint Lawrence Street**  
**Riverside, CA 92504**  
**(951) 826-5321**